

14th - 17th February

PREPARE



**renew
our
world**
CAMPAIGN

REFLECT

As we begin this journey, let's take time to prepare our hearts and minds. Read this passage from Romans and consider the ways God might transform and renew you during the next few weeks.

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.
Romans 12:2 (NIV)

PRAY

Read back over the passage again, this time praying about the questions below and asking God to speak to you.

- What are the patterns of this world?
- What is God's will for his creation?
- Can you think of ways that the patterns and 'norms' of the world harm God's creation and people?

As we begin this journey, spend time asking God how he wants to transform and renew you and your community in these areas.

ACT

We've prayed about the big picture, but how does this apply to you as a person? Consider the questions below and ask God to guide you in how to respond.

- In which areas of your life do you 'conform to the patterns of this world'?
- How is God inviting you to be transformed in these areas of your life?

Write your answer below, and come back to it as you journey through this resource. How is God transforming you?



18th - 24th February

LIFESTYLE



**renew
our
world**
CAMPAIGN

REFLECT

We can easily forget the decisions we make as we go about a normal day, but they have the potential to make a big difference - and using them wisely can be an act of worship to our Creator God.

Take your everyday, ordinary life—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering. Romans 12:1-2 (The Message Bible)

PRAY

Thank God that our whole lives can be a living sacrifice. Everything we do can be a way of worshipping God. Ask him to reveal to you new ways you can worship him in your normal day with your everyday actions.

ACT

This week, choose two lifestyle options from either of the categories below and commit to doing them all week. Use them as a way of worshipping God with your life.

How could you reduce your impact when you travel?

- Walk, cycle or use public transport instead of using a car for one journey each day where you would use a car usually.
- Fly less. Are there any work trips you could join remotely by video conferencing or any holidays you could have closer to home?

How could you reduce your consumption and manage your waste more carefully?

- Avoid using two single-use or disposable items you would normally use in your week, and replace them with a reusable version instead (eg. a mug you can wash instead of a disposable cup)
- Reduce, Reuse and Recycle all your waste, avoid burning any rubbish if you normally would: find a safer way to dispose of it, by composting organic waste and taking plastics/glass to a place where they can recycle them.

Once you've decided, and tried them this week, see if you can keep them going for the rest of Lent!

